

PUT WEIGHT WATCHERS® TO WORK FOR YOU!

Johns Hopkins University has joined forces with Weight Watchers to bring you special savings on valuable and convenient weight-loss solutions.

Choose an offering that best suits your specific lifestyle and preference.



1 **Weight Watchers Meetings with Monthly Pass***

With Monthly Pass you can get the convenience of Weight Watchers meetings in your workplace and unlimited meetings in your local community. Get our lowest price per week *and* FREE eTools, our internet weight loss companion that helps you stay on track between meetings.

2 **Weight Watchers Online subscription**

With Weight Watchers Online, you can follow the plan step-by-step entirely online with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience.

To sign up, see page 2 of this brochure.



Special Pricing for Johns Hopkins University

Johns Hopkins University is committed to helping you achieve your weight-loss goals and improve your overall health by offering a **50% subsidy** on the Weight Watchers offerings listed below.



Weight Watchers Offering	Weight Watchers special pricing	Subsidy	With company provided subsidy, your final monthly cost is
Monthly Pass* - provides access to community and At Work meetings** <i>comes with free access to eTools</i>	\$31.95	50%	\$15.98
Weight Watchers Online subscription‡	\$14.36	50%	\$7.18

To purchase any of these Weight Watchers offerings, or for more information, visit <https://wellness.weightwatchers.com> , Company ID: 59237 Passcode: jhuwellness Unique_ID1: When prompted to complete this field, enter your last name, first name initial and date of birth in the following format:

Example 1: John Smith, Born Feb 20, 1975 - Unique_ID1: smithj2201975

Example 2: Mary O'Connor, Born Nov 1, 1980 - Unique_ID1: o'connorm1111980

Example 3: Mark Cliff-Myers, Born March 15, 1960 - Unique_ID1: cliff-meyersm3151960

(Note: a zero should not proceed a single digit month or day, and apostrophes/hyphens should be used where needed in last names which should be in lowercase.)

If you experience any problems with this site, please call the Johns Hopkins University Weight Watchers dedicated toll-free number at 866-204-2885 or email wellnesshelp@weightwatchers.com. Contact JHU at: Email wellnessprograms@jhu.edu or call the Benefits Office at 410-516-2000.

If you are not an eligible employee or retiree, you can join Weight Watchers Meetings (\$42.95 per month) or Online (\$18.95 per month) programs by visiting www.weightwatchers.com.

* Monthly Pass is sold in participating areas only; may not be accepted in all areas. Visit <http://www.mypowwr.com/MPlocations.aspx> for details. Monthly Pass automatically renews each month until you cancel. You will be charged \$15.98 per month until you cancel, or until Johns Hopkins ends the company subsidy. If that should happen you will be charged at the standard monthly plan fee (currently \$31.95, plus tax in Connecticut) until you cancel. Your credit card will be charged up to 15 days prior to your renewal date each month, to ensure you receive your new Monthly Pass card on time. Sign up for Monthly Pass must be completed on our website. Monthly Pass holders will receive 30 days' notice of any price change. To cancel, visit www.weightwatchers.com/monthlypasscancellation or ask your meeting staff for a copy of our cancellation policy. Available to individuals age 18 and over. Void where prohibited.

** Available only in participating areas in the U.S. Minimum enrollment required.

‡ Weight Watchers Online automatically renews each month until you cancel. You will be charged \$7.18 per month until you cancel, or until Johns Hopkins ends the company subsidy. If that should happen you will be charged at the standard monthly rate (currently \$14.36) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.