Medical Provider:

BlueCross BlueShield
Offers telephonic health coaching, health education programs and nicotine replacement therapy under the Rx plan.
www.carefirst.com

Employer Health Programs
Offers telephonic health coaching, health education programs and nicotine replacement therapy under the Rx plan.
www.ehp.org

Kaiser Permanente
Offers health classes and nicotine replacement therapy.
kp.org

Express Scripts
Rx and OTC nicotine replacement products are covered for BCBS and EHP.
www.express-scripts.com

Online Resources:

American Lung Association

American Cancer Society

smokefree.gov

QuitNet

1-800-QUIT-NOW

MDQUIT.org

More Info on Wellness: benefits.jhu.edu/wellness
Email: wellnessprograms@jhu.edu