

Zumba at School of Medicine

For JHU Faculty and Staff

Zumba Class:

Wednesday
12:45pm-1:30pm

Series Date:

April 11
July 18, 2018

No Class

April 18
May 2
June 6
June 20
July 4

Location:

Turner Building
Darner Room

Cost:

\$25 for entire session

Notes:

Wear comfortable clothing and tennis shoes and bring a water bottle and a towel



JOHNS HOPKINS
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Zumba

Zumba is a Latin inspired dance fitness class that blends Latin music and easy to follow dance steps to form a "fitness-party" that is high energy and lots of fun! Burn calories and build up your endurance by moving to alternating fast and slow rhythms. This class is open to all levels.

Register Online

Register online by going to the wellness section of the [Benefits website](#).
with questions.



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