

**Johns Hopkins University** is committed to helping you reach your weight-loss goals and improve your overall health by offering a 50% discounted price on the Weight Watchers® offerings listed below.



 Choose your level of support	 Meetings* + OnlinePlus	 OnlinePlus**
<b>Monthly Pricing:</b> <b>Employer Contribution:</b> <b>You Pay:</b>	\$38.22 \$19.11 <b>\$19.11</b>	\$16.96 \$8.48 <b>\$8.48</b>
Food and activity tracking	✓	✓
Personalized goals	✓	✓
Access to our community	✓	✓
24/7 online chat support	✓	✓
Weekly group meetings	✓	—
Guidance from trained leaders	✓	—
Weekly private weigh-ins	✓	—
Guidebooks and materials	✓	—

To purchase either of these Weight Watchers offerings, or for more information, visit <https://wellness.weightwatchers.com>

**Employer ID: 59237**

**Employer Passcode: JHUWellness**

**Unique ID:** Enter your last name, first name initial and date of birth in the following format:

Example 1: John Smith, Born Feb 20, 1975 - Unique\_ID1: smithj2201975

Example 2: Mary O'Connor, Born Nov 1, 1980 - Unique\_ID1: o'connorm1111980

Example 3: Mark Cliff-Myers, Born March 15, 1960 - Unique\_ID1: cliff-meyersm3151960

Note: A zero should not proceed a single digit month or day, and apostrophes/hyphens should be used where needed in last names which should be lowercase

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

\* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel. Sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas. Minimum enrollment and participation required to start and maintain an At Work meeting.

\*\*OnlinePlus subscription will be automatically renewed each month and you will be charged in accordance with your company's pricing until you cancel.

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