



BENEFITS *news*

benefits

pay

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worklife

July/August 2010

DEPENDENT ELIGIBILITY INCREASES TO AGE 26

The recently signed Patient Protection and Affordable Care Act (PPACA) requires that group health plans offering dependent coverage make coverage available to adult children until their 26th birthday provided the child does not have access to his/her own employer coverage. The new law requires JHU to make this change effective January 1, 2011 or sooner. The university has made the decision to implement the health care reform changes sooner and extend dependent coverage through the **end of the year** in which a child turns 26.



Beginning July 1, 2010, dependents age 19-26 without access to other employer health coverage, may qualify for the JHU medical and dental plans. Faculty and staff are being given a special 30-day enrollment opportunity from July 1 to July 31, 2010 to add eligible adult children to their plans. To do so, faculty and staff members must complete an [Affidavit of Qualified Dependent Status](#) and mail or fax it to the Benefits Service Center as indicated on the form. Coverage and premiums due will be retroactive to July 1, 2010. Dependents may be added to your current 2010 elected plans only. If you have waived medical and dental coverage, you cannot elect coverage for your dependent at this time. You will have the opportunity to add coverage during the fall annual enrollment period for benefits effective January 1, 2011. No action is required now on dependents age 19-25 already enrolled in your JHU medical/dental plans.

For further details, review some [Frequently Asked Questions](#) (FAQ). Contact the Benefits Service Center at benefits@jhu.edu or 410-516-2000 with questions.

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MEDICAL AND DENTAL PREMIUMS INCREASE JULY 1, 2010

During annual enrollment last fall, the university announced its decision not to increase 2010 medical and dental premiums until July 1, 2010 due to the salary freeze that was in effect. The cost of approximately \$2.2 million was absorbed by the university providing a great benefit to employees. The adjusted semi-monthly premiums for faculty and staff will be reflected in the July 15 pay. To view the new rates, click on

<http://www.benefits.jhu.edu/documents/2010FacStPremiums-Jan-July.pdf>.



NEW FACULTY ORIENTATION

The Benefits Service Center will be conducting benefits orientations for new full-time faculty at 2024 E. Monument Street (Room 2-1000) on the following dates:



Friday, July 9

9:00 a.m. – 12:00 p.m.

Thursday, July 22

5:00 p.m. – 7:30 p.m.

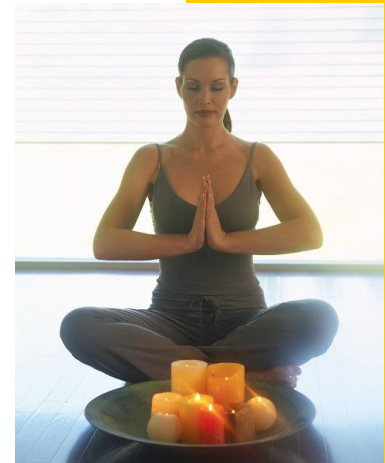
Faculty members and their spouses may attend the session convenient for them or choose to view the benefits orientation online at <http://training.jhu.edu/html/Main/default.asp>. Prior registration is not required. We look forward to welcoming our new faculty this summer and making the benefits enrollment process an easy one!



CAREFIRST BLUECROSS BLUESHIELD WELLNESS DISCOUNTS

The CareFirst Options program is a free discount program available to all members. Discounts are offered on a broad range of alternative therapies and wellness services including:

- Acupuncture
- Chiropractic Care
- Fitness Centers
- Fitness Footwear/Apparel
- Massage Therapy
- Nutritional Counseling
- Personal Training
- Spa Services
- Sporting Equipment
- Weight Loss Programs



There are no claim forms, referrals or paperwork to fill out. Members simply show their CareFirst ID card and pay the reduced amount when they visit a wellness provider or make a purchase. In addition to the Options program, BlueCross BlueShield provides you with access to even more discounts through Blue365. Jenny Craig has recently been added to the Blue 365 program. This means members can save 25% off the 12-month program. To take advantage of these savings, visit www.carefirst.com/options.

HEALTHY@HOPKINS WALKS A SUCCESS

Hundreds of JHU employees participated in the Healthy@Hopkins walks held in May on the East Baltimore, Bayview and Eastern campuses. Participants received a bottle of water (to prevent dehydration), an apple (for sustenance) and a lunch bag give-a-way with the Healthy@Hopkins logo. Our medical vendors (EHP, BlueCross/BlueShield, Kaiser Permanente) and the Johns Hopkins Healthy Monday Project were on-hand at the Eastern location to distribute valuable information on the benefits of exercise as well as MORE freebies! Congratulations go out to the following raffle prize winners who successfully completed our second annual walk on Eastern's track:



- | | |
|-----------------|--------------------|
| Yoga Mat | Jodi Duffre |
| Bender Ball | Maggie Hauf |
| Perfect Pushup | Cynthia Addison |
| Resistance Band | Carlotta Chappelle |
| Workout DVD's | Brooke Thomas |

Keep on walking JHU!



SAVE THE DATES – BENEFITS FAIRS

It's not too early to mark your calendar with the dates for the upcoming 2010 Benefits Fairs:

**Homewood Campus
Glass Pavilion
Friday, September 24
10:00 a.m. – 4:00 p.m.**

**East Baltimore Campus
Turner Auditorium
Tuesday, September 28
10 a.m. – 4:00 p.m.**



Look for more information to follow at a later date. You will not want to miss this popular event!

Benefits eByte

The Benefits Service Center receives an average of 600 e-mail inquires/month. It's a quick and easy way for employees to get their benefit questions answered. Here's a sample of a frequently-asked-question received over the past month. We hope sharing this information will be helpful to you.

Question: I'm trying to plan some academic pursuits at JHU with my tuition remission money. Does tuition remission money work off the fiscal year calendar or the academic year calendar? When does it get replenished?

Answer: It's based on a calendar year (1/1-12/31). So, every January 1st the remission allowance starts new again.



BENEFITS SERVICE CENTER CLOSINGS

The Benefits Service Center will be closed as follows:

- Every Thursday from 9:30-11:00 am

We apologize for any inconvenience this may cause, but ongoing training is necessary to better serve your needs.



FOR MORE INFORMATION ABOUT YOUR BENEFITS

If you have questions or need help regarding your benefits, visit the Benefits Web site at www.benefits.jhu.edu or contact the Benefits Service Center:



Phone: 410-516-2000

E-mail: benefits@jhu.edu

Fax: 443-997-5820

JHU at Eastern
Office of Benefits Services
1101 East 33rd Street
Suite D-100
Baltimore, MD 21218
Monday – Friday
8:30 am to 5:00 pm

East Baltimore Campus
Benefits Service Center
1830 E. Monument Street
Room 512
Monday & Wednesday
Appointments only
Call 410-516-2000

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